

## Indira Gandhi Delhi Technical University For Women (Established by Govt. ofDelhi vide Act 09 of2012) Department of Electronics and Communication Engineering

## AICTE-ATAL sponsored Online One Week Faculty Development Program on Response Effectiveness, Organizing Self, Attitudinal Shift, Decision Making (ROAD)

(7th -11th September, 2021)

One week ATAL on Response Effectiveness, Organizing Self, Attitudinal Shift, Decision Making (ROAD) organised by Depa1tment of Electronics and Communication during 7th -11th September, 2020.

Overview of the Course: Faculty members are the corner stone of any educational institute as they are instrumental in shaping the future of students. It is very important that, from time to time the institutions organize faculty reorientation program. This serves two purposes; Firstly, the faculty reembodies the vision of the institute and; Secondly, it helps to re-emphasize their role as educators as the beacon that imparts knowledge of great morals, ethics, and integrity of future generations. To achieve this goal, Indira Gandhi Delhi Technical University for Women, under the ATA.L scheme is organizing this Faculty Development Program. This program aims to combine basic life skills training, along with wonderful stress management yoga and pranayama, and all this taught through a variety of group activities and power point presentations.

FOP was open to all the faculty members of AICTE/UGC recognised or equivalent Universities/Organisations.PG -Scholars, Govt/Industry Bureaucrats and Technicians. The course was attended by Faculty members from various departments and other universities along with 20 research scholars.

Topics that were covered during the FOP included Importance of Strategic Thinking, Taking Ownership, Leading with Psychological Safety, Social and Emotional Intelligence o Design Thinking, Stress Management, Ikigai: Purpose in Life, Power of Clear Goal Setting, Quality of Life through fitness and wellness, Organizing Self, Attitudinal Shift, Decision Making, Leading with psychological Safety

## **Objectives of the Course:**

- o To imbibe the skills and competencies required to achieve goals directed by values.
- o To maintain and enhance faculty effectiveness by inculcating dynamism and leadership qualities.
- o To develop commitment and ethical approach towards work, and in still a sense of

responsibility towards the institution.

o To make participants understand the effect of stress on their mental and physical well-being.

o To help them develop sustainable behaviours to overcome stress.



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