



INDIRA GANDHI DELHI TECHNICAL UNIVERSITY FOR WOMEN

Celebrates 7th International Day of Yoga

An Expert Talk on

**Yoga and it's Practices with
Emphasis on Respiratory Health**

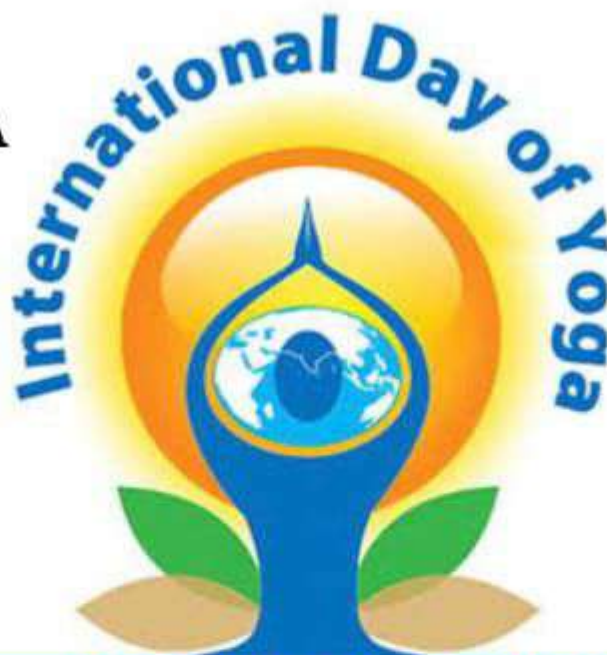
by Eminent Yoga Instrutors



HARISH SHARMA
M.Sc Yoga Science
by MDNIY



SUJATA
M.Sc Yoga Science
by MDNIY



Date: 21st June 2021

Time: 3:00pm to 4:00pm

Venue: Room no 111, Admin Block

Webex meeting number: 158 706 2239

Meeting password: yoga@123

Organised by: IGDTUW Hostels